Frozen Meals Menu - Week 1

Please select the main meals you would like in week 1. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Main Meal	1	2	3	4	5	6	7
	Chicken & Mushroom Pie							
	Chicken Chasseur							
	Chicken Supreme							
Γ	Chicken & Veg Casserole							
Poultry	Chicken Breast in Cheese & Bacon							
Pc	Chicken & Veg Pie							
	Chicken in Gravy							
	Chicken & Bacon Hotptot							
	Turkey & Stuffing							
	Beef with Roast Potatoes							
	Mince Beef & Onion Pie							
	Braised Steak							
Beef	Savoury Mince Beef							
Be	Steak & Kidney Pie							
	Steak & Mushroom Casserole							
	Cottage Pie							
	Beef Stew & Dumpling							
	Minted Lamb & Dumpling							
	Lancashire Hot Pot							
Lamb	Shepherd's Pie							
	Irish Stew							
	Lamb in Gravy							

	Main Meal	1 2 3 4 5 6 7	
	Pork & Root Vegetable Casserole		
Pork	Sausages in Onion Gravy		
Ро	Pork Loin & Stuffing		
	Cumberland Sausages		
Fish	Fisherman's Pie		
Fi	Fish Cakes		
	Provencale Vegetable Bake (Vg)		
	Cauliflower & Broccoli Cheese (V)		
	Vegetable Lasagne (V)		
	Mushroom, Leek & Cheddar Bake (V)		
	Vegetarian Cottage Pie (V)		
riar	Katsu Curry (Vg)		$\rfloor $
Vegetarian	Cheese & Onion Pie (V)		
Veg	Spicy Bean Casserole (Vg)		
	Omelette (V)		
	Cheese, Onion & Leek Potato Bake (V)		
	Lentil & Vegetable Pie (Vg)		
	West Country Macaroni Cheese (V)		
	Cheesy Vegetable Bake (V)		

Soup*	Potato & Leek (V)	
	Pea & Ham	
	Chunky Vegetable (V)	
	Lentil (Vg)	
	Scotch Broth (Vg)	
	Cream of Mushroom (V)	
	Tomato (V)	

Please select the puddings you would like in week 2. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Puddings	1	2	3	4	5	6	7
	Rhubarb Crumble & Custard							
	Orange Sponge with Orange Sauce & Custard							
	Rice & Stewed Apple							
	Apple Pie & Custard							
	Ginger Sponge & Custard							
gs	Bread & Butter Pudding & Custard							
Hot Puddings	Summer Fruit Crumble & Custard							
ot Pu	Bakewell Tart & Custard							
H	Lemon Sponge with Lemon Sauce & Custard							
	Apricot Crumble & Custard							
	Sticky Toffee Pudding							
	Plum & Cherry Pie & Custard							
	Jam Sponge & Custard							
	Sultana Sponge & Custard							

Frozen Meals Menu - Week 2

Please select the main meals you would like in week 2. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Main Meal	1	2	3	4	5	6	7
	Chicken & Mushroom Pie							
	Chicken Chasseur							
	Chicken Supreme							
7	Chicken & Veg Casserole							
Poultry	Chicken Breast in Cheese & Bacon							
Ρc	Chicken & Veg Pie							
	Chicken in Gravy							
	Chicken & Bacon Hotptot							
	Turkey & Stuffing							
	Beef with Roast Potatoes							
	Mince Beef & Onion Pie							
	Braised Steak							
Beef	Savoury Mince Beef							
Be	Steak & Kidney Pie							
	Steak & Mushroom Casserole							
	Cottage Pie							
	Beef Stew & Dumpling							
	Minted Lamb & Dumpling							
	Lancashire Hot Pot							
Lamb	Shepherd's Pie							
	Irish Stew							
	Lamb in Gravy							

	Main Meal	1	2	3	4	5	6	7
	Pork & Root Vegetable Casserole							
Pork	Sausages in Onion Gravy							
Pc	Pork Loin & Stuffing							
	Cumberland Sausages							
Fish	Fisherman's Pie							
Fi	Fish Cakes							
	Provencale Vegetable Bake (Vg)							
	Cauliflower & Broccoli Cheese (V)							
	Vegetable Lasagne (V)							
	Mushroom, Leek & Cheddar Bake (V)							
ار	Vegetarian Cottage Pie (V)							
ıriar	Katsu Curry (Vg)							
Vegetarian	Cheese & Onion Pie (V)							
Veg	Spicy Bean Casserole (Vg)							
	Omelette (V)							
	Cheese, Onion & Leek Potato Bake (V)							
	Lentil & Vegetable Pie (Vg)							
	West Country Macaroni Cheese (V)							
	Cheesy Vegetable Bake (V)							

	Potato & Leek (V)	
	Pea & Ham	
*_	Chunky Vegetable (V)	
Soup	Lentil (Vg)	
S	Scotch Broth (Vg)	
	Cream of Mushroom (V)	
	Tomato (V)	

Please select the puddings you would like in week 2. You can pick up to 7 options. You can pick the same option as many times as you would like.

	Puddings	1	2	3	4	5	6	7
	Rhubarb Crumble & Custard							
	Orange Sponge with Orange Sauce & Custard							
	Rice & Stewed Apple							
	Apple Pie & Custard							
	Ginger Sponge & Custard							
gs	Bread & Butter Pudding & Custard							
Hot Puddings	Summer Fruit Crumble & Custard							
ot Pu	Bakewell Tart & Custard							
Н	Lemon Sponge with Lemon Sauce & Custard							
	Apricot Crumble & Custard							
	Sticky Toffee Pudding							
	Plum & Cherry Pie & Custard							
	Jam Sponge & Custard							
	Sultana Sponge & Custard							